

Echuca-Moama Smash & Dash December 22nd , 2010



Run,Ride,Run Results (1.2/9/1.72)YMCA

Name	Pos.	Handicap Results					Individual Results				Overall Time
		Start	Run	Ride	Run	Run	Bike	kph	Run	m/km	
150 Erin O'Connor	1	0:08:00	0:13:17	0:31:51	0:39:42	0:05:17	0:18:34	29.08	0:07:51	4:34	0:31:42
160 Team Lowry	2	0:06:00	0:11:34	0:31:20	0:40:29	0:05:34	0:19:46	27.32	0:09:09	5:19	0:34:29
110 Jane Furphy	3	0:04:00	0:10:41	0:31:09	0:40:35	0:06:41	0:20:28	26.38	0:09:26	5:29	0:36:35
112 Caz Lowndes	4	0:03:00	0:09:35	0:32:20	0:40:37	0:06:35	0:22:45	23.74	0:08:17	4:49	0:37:37
155 Kelly Wilson	5	0:04:00	0:10:23	0:31:08	0:40:43	0:06:23	0:20:45	26.02	0:09:35	5:35	0:36:43
59 Bryeny Lowndes	6	0:06:00	0:12:21	0:31:56	0:40:46	0:06:21	0:19:35	27.57	0:08:50	5:08	0:34:46
120 Maree Gray	7	0:07:00	0:12:34	0:32:15	0:40:53	0:05:34	0:19:41	27.43	0:08:38	5:06	0:33:53
11 Paul Kervin	8	0:12:00	0:16:52	0:33:43	0:41:01	0:04:52	0:16:51	32.05	0:07:18	4:15	0:29:01
145 Dean Moon	9	0:12:00	0:16:40	0:34:08	0:41:03	0:04:40	0:17:28	30.92	0:06:55	4:02	0:29:03
74 Holly Lowndes	10	0:03:00	0:09:36	0:32:23	0:41:05	0:06:36	0:22:47	23.70	0:08:42	5:03	0:38:05
87 Lachlan Wearden	11	0:08:00	0:13:18	0:34:10	0:41:26	0:05:18	0:20:52	25.88	0:07:16	4:14	0:33:26
133 Clayton Oliver	12	0:10:00	0:15:04	0:33:02	0:41:32	0:05:04	0:17:58	30.06	0:08:30	4:57	0:31:32
94 John Fenwick	13	0:11:00	0:16:02	0:33:47	0:41:35	0:05:02	0:17:45	30.42	0:07:48	4:32	0:30:35
159 Cam Phillips	14	0:12:00	0:16:57	0:34:33	0:41:39	0:04:57	0:17:36	30.68	0:07:06	4:08	0:29:39
76 Elliot Bowen	15	0:11:00	0:16:14	0:33:53	0:41:43	0:05:14	0:17:39	30.59	0:07:50	4:33	0:30:43
47 Kate Carlisle	16	0:11:00	0:16:38	0:34:07	0:41:45	0:05:38	0:17:29	30.89	0:07:38	4:26	0:30:45
49 Andrew Cowin	17	0:09:00	0:15:11	0:33:00	0:41:52	0:06:11	0:17:49	30.31	0:08:52	5:09	0:32:52
9 Warren Lowry	18	0:15:00	0:19:31	0:35:18	0:41:55	0:04:31	0:15:47	34.21	0:06:37	3:51	0:26:55
161 Rebecca Godden	19	0:01:00	0:09:04	0:29:43	0:42:02	0:08:04	0:20:39	26.15	0:12:19	7:10	0:41:02
8 Turbo	20	0:16:30	0:21:10	0:35:22	0:42:04	0:04:40	0:14:12	38.03	0:06:42	3:54	0:25:34
6 Ash Carmody	21	0:16:30	0:21:00	0:35:40	0:42:15	0:04:30	0:14:40	36.82	0:06:35	3:50	0:25:45
93 Craig Sutton	22	0:14:00	0:19:03	0:35:05	0:42:16	0:05:03	0:16:02	33.68	0:07:11	4:11	0:28:16
2 Scott Foreman	23	0:18:00	0:22:13	0:36:32	0:42:17	0:04:13	0:14:19	37.72	0:05:45	3:21	0:24:17
63 Karl Christian	24	0:16:30	0:21:08	0:35:47	0:42:18	0:04:38	0:14:39	36.86	0:06:31	3:47	0:25:48
33 Heather Little	25	0:09:00	0:15:18	0:33:27	0:42:24	0:06:18	0:18:09	29.75	0:08:57	5:12	0:33:24
79 Lisa Spurgeon	26	0:04:00	0:11:14	0:31:59	0:42:35	0:07:14	0:20:45	26.02	0:10:36	6:10	0:38:35
125 Guy Campbell	27	0:12:00	0:17:12	0:34:27	0:42:50	0:05:12	0:17:15	31.30	0:08:23	4:53	0:30:50
104 Steve Oliver	28	0:12:00	0:17:17	0:34:07	0:43:06	0:05:17	0:16:50	32.08	0:08:59	5:14	0:31:06
3 Stavros Gray	29	0:16:30	0:21:50	0:36:30	0:43:25	0:05:20	0:14:40	36.82	0:06:55	4:02	0:26:55
42 Simon Mason	30	0:12:00	0:17:39	0:34:30	0:43:30	0:05:39	0:16:51	32.05	0:09:00	5:14	0:31:30
142 Treestain Gerrish	31	0:13:00	0:19:10	0:33:37	0:43:48	0:06:10	0:14:27	37.37	0:10:11	5:56	0:30:48
62 Tom Nevill	32	0:12:00	0:17:28	0:35:52	0:44:10	0:05:28	0:18:24	29.35	0:08:18	4:50	0:32:10
61 Lizzie the Lip Nevill	33	0:08:00	0:13:27	0:38:42	0:44:13	0:05:27	0:25:15	21.39	0:05:31	3:12	0:36:13
58 Riddo	34	0:14:00	0:19:54	0:35:59	0:44:17	0:05:54	0:16:05	33.58	0:08:18	4:50	0:30:17
45 Fast Lisa	35	0:09:00	0:16:07	0:35:18	0:44:41	0:07:07	0:19:11	28.15	0:09:23	5:27	0:35:41
29 Ray Hamilton	36	0:11:00	0:18:31	0:34:52	0:44:44	0:07:31	0:16:21	33.03	0:09:52	5:44	0:33:44
12 P Ennis	37	0:14:00	0:19:13	0:38:26	0:45:51	0:05:13	0:19:13	28.10	0:07:25	4:19	0:31:51
27 Neville Lowry	38	0:13:00	0:18:29	0:36:12	0:45:59	0:05:29	0:17:43	30.48	0:09:47	5:41	0:32:59
131 Crazy Clint	39	0:14:00	0:19:15	0:36:39	0:46:08	0:05:15	0:17:24	31.03	0:09:29	5:31	0:32:08
84 Georgie Jenkins	40	0:00:00	0:07:04	0:34:56	0:47:00	0:07:04	0:27:52	19.38	0:12:04	7:06	0:47:00